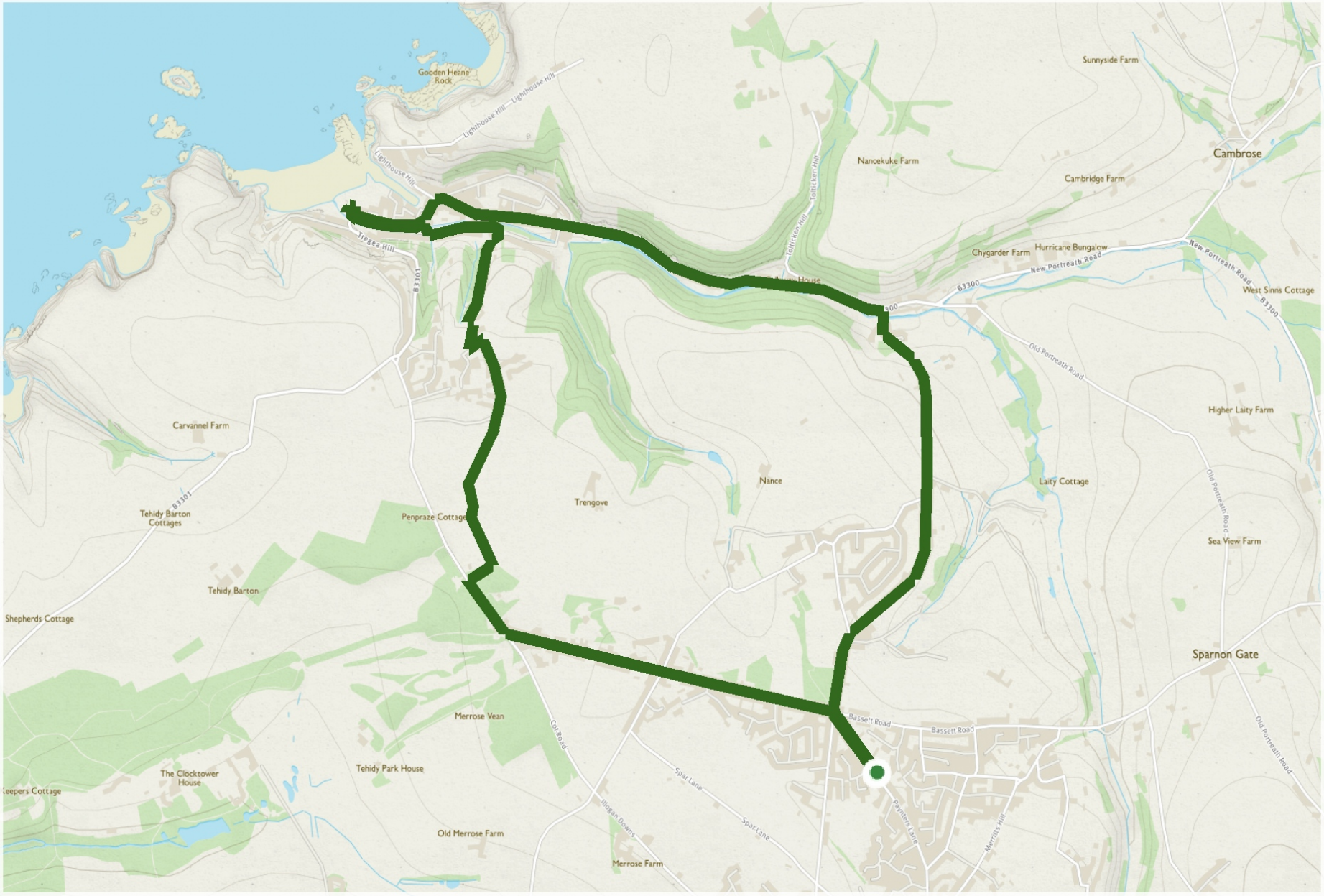
SW 641 460

SW 689 460



SW 641 428

SW 689 428

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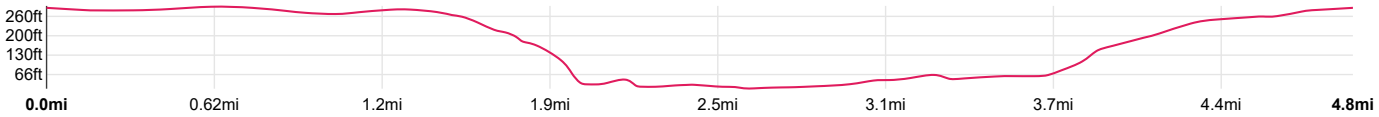
Route Information

Route Name	Illogan Trail 3

Route Summary

Total Distance	4.82mi (7.76km)	Walk	1h 44min
Elevation	17.72ft at lowest point	Run	53min
	297.90ft at highest point	Cycle	36min
Total Ascent	379.27ft		

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevations
1	SW 672 433	0.00mi	50° 14' 37" N	5° 15' 55" W	291.34ft
	Dist to next: 0.15 mi				
67	SW 672 433	4.82mi	50° 14' 37" N	5° 15' 54" W	291.34ft